

	Time	Activity	Age	Spaces	Courts	Contact	Phone number
	<u>Monday</u>						
1	7.30am - 9am	Group coaching	Adult	7	2	Trevor Grinsted	07872 468956
2	11.30-12.30am	Forest School	Youth	12	3	Gail Farrow	
3	12.30-2pm	Group coaching	Adult ladies	7	2	Gail Farrow	07815 168410
4	2.30-3.30pm	Forest School	Youth	12	3	Gail Farrow	
5	5-6pm	Group coaching	Youth	7	2	Trevor Grinsted	07872 468956
6	Occasional evening	Ladies team match	Adult		2		
7	Occasional evening	Ladies team training	Adult	7	2	Trevor Grinsted	07872 468956
	<u>Tuesday</u>						
1	3.30-4.30pm	Hillyfield School	Adterschool club	12	0	Trevor Grinsted	07872 468956
2	5pm -6pm	Group coaching	Youth	7	2	Trevor Grinsted	07872 468956
3	6pm-7pm	Group coaching	Youth	7	2	Trevor Grinsted	07872 468956
4	Occasional evening	Mens team match	Adult		2		
	<u>Wednesday</u>						
1	9.30-11am	Group coaching	Adult ladies	7	2	Gail Farrow	07815 168410
2	11.30-12.30am	Forest School	Youth	12	3	Gail Farrow	
3	2.30-3.30pm	Forest School	Youth	12	3	Gail Farrow	
4	5pm -6pm	Group coaching	Youth	7	2	Trevor Grinsted	07872 468956
5	6-10pm	Open social	Adult	12	3	Adrian Anderson	Eventbrite
	<u>Thursday</u>						
1	7.30am - 9am	Group coaching	Adult	7	2	Trevor Grinsted	07872 468956
2	2.30-3.30pm	Forest School	Youth	12	3	Gail Farrow	
	<u>Saturday</u>						
1	8.30am - 10am	Group coaching	Adult	7	2	Trevor Grinsted	07872 468956
2	10am -11am	Group coaching	Young primary age	6	1	Luke Mclaughlin	07872 468956
3	10am -11am	Group coaching	Older primary age	4	1	Trevor Grinsted	07872 468956
4	11am - 12pm	Group coaching	Secondary age	7	2	Gail Farrow	07872 468956
5	12pm - 1pm	Group coaching	Secondary age	7	2	Gail Farrow	07872 468956
6	1pm - 2pm	Group coaching	Duke of Edinburgh	4	2	Trevor Grinsted	07872 468956
7	2pm - 3.30pm	Group coaching	Adult	7	2	Trevor Grinsted	07872 468956
	<u>Sunday</u>						
1	9am-10am	Squash Stars Feb 2023	Youth	8	1	Trevor Grinsted	07872 468956
2	9.30-11am	Group coaching	Adult ladies	7	2	Gail Farrow	07815 168410

3	10am-11am	Group coaching	Youth	7	2	Trevor Grinsted	07872 468956
4	11am - 12.30pm	Group coaching	Adult	7	2	Trevor Grinsted	07872 468956
5	1pm-2pm	Group coaching	Youth	7	2	Trevor Grinsted	07872 468956
6	5pm-7pm	Ladies social	Adult	14	3	Trevor Grinsted	Eventbrite
7	7pm - 9pm	Racketball social	Adult	8	2	Trevor Grinsted	07872 468956